



**St John**

**Saving Lives –  
at Work, Home  
and Play**

# Bites & Stings

## Part 1



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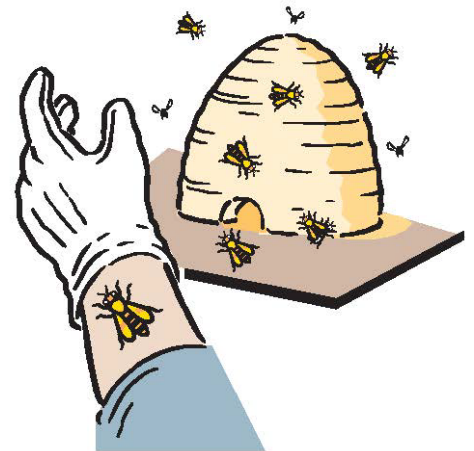
### ANIMAL / HUMAN BITES

1. Examine the wound to see if the skin is broken.
2. If there is bleeding, allow moderate bleeding of the wound as this helps to cleanse the wound.
3. Wash the wound with an antiseptic soap or detergent. Apply a dressing and bandage.
4. If the skin was broken, get medical help as soon as possible.



### INSECT BITES / STINGS

1. Assess the casualty for signs of breathing difficulty.
2. For serious reactions that affect breathing or cause swelling of the airway, assist the casualty to take his own medication i.e. Epi-pen®.
3. Examine the sting site closely, looking for the sting that may still be in the skin.
4. Remove the sting carefully by scraping it and the attached poison sac from the skin.
5. **DO NOT** use tweezers, fingers or anything that may squeeze more poison into the body.
6. Apply rubbing alcohol to the sting site or a paste of baking soda and water, or ice.



### EMERGENCY NUMBERS

Ambulance.....

Emergency Room.....

Family Doctor.....

Poison Info Centre.....

Police.....

Fire.....